

# Calling All Kalettes

The England-bred offspring of kale and Brussels sprouts grows up.

**K**ale is a wonder vegetable, but trendy foodies are looking for the next big leafy green. Broccolini was the last new vegetable introduced in the U.S. — back in 1998 — so we're jonesing for something new. What will it be? Our money is on Kalettes, a non-GMO hybrid vegetable developed over 15 years in



Orange Salad

England by combining kale and Brussels sprouts (both delicious members of the brassica, or cabbage, family).

The Kalette has tender, veined, kale-like leaves but grows on a stalk, like Brussels sprouts, and is packed with flavor containing hints of both the sweet and the nutty. The best part is that they have all the nutrients of both vegetables. Without the fibrous stems of kale, Kalettes can be eaten in salads, oven-roasted, sautéed or grilled with minimal preparation. Sauté them and mix them with onions, peppers and blue cheese for a perfect side dish. Wrap the leaves with prosciutto for a delicious appetizer. Even skewer them with veggies on the grill. They're even delicious simply tossed in a pan with some olive oil. Look for them at select Trader Joe's, Whole Foods, Wegmans and West Coast Costco stores. [www.kalettes.com](http://www.kalettes.com) —LISA MARSH



TOP: Dewar's vast display of scotch bottles  
BOTTOM: Dewar's signature-blend scotch

## Sip and Tell

Single malts get all the press, but scotch blends are worth listening to.

**E**VERY SCOTCH TELLS A STORY. Single malt or blended, every native Scotsman knows that it's never been a matter of whether the story being savored is new or old, complex or simple; the only thing that matters is if it's a tale well told.

It seems that everywhere else in the world, tension rises as single-malt elitists scoff if a glass of blended scotch nears the table, but in Scotland single malts and blended versions co-exist, as these seasoned scotch drinkers appreciate the art of a good story.

"Few people realize how complex and interesting blended whiskeys can actually be," says Gabriel Cardarella, U.S. national brand ambassador for Dewar's. "In Dewar's blends case, there are multiple distilleries represented in every bottle, and every

whisky that's in that bottle tells its own story. Some of the country's best single-malt creations have been reserved specifically for blends."

Evidently, scotch blends can be deconstructed to become interesting in their own right. Cardarella has been preaching this fact for ages and can now back up the claim as John Dewar & Sons releases a few of their best-kept secrets this year under a portfolio dubbed "The Last Great Malts." Following up from the releases of Dewar's single malts Aberfeldy and Craigellachie, the brand will continue to release the portfolio through 2015, including Aultmore and The Devron, saving its most regal release for last with Royal Brackla debuting at the end of the year. Look for the new releases in Duty Free throughout 2015.

—KRISTY ALPERT

