

Raising the Bar on Chocolate Chocolatiers in Dallas and Austin put their spins on sweets At Dallas' Chocolate Secrets, handmade bonbons and macarons share the menu with ice cream, coffee and tea, and wine and beer.

Taste



the month of February. Like the Aztec Emperor Montezuma, who is said to have drunk more than 50 cups of liquid chocolate daily for its aphrodisiacal properties, those looking to express sweet sentiments or celebrate love have long extolled chocolate in its many forms.

Perhaps nowhere in Texas are there more chocolate fanatics than in Dallas, where the chocolate business has grown to Aztec proportions in just a few short years. Dallasites have embraced the art of candymaking with zeal and a passion for high-quality—and often bizarre—ingredients.

"Dallas has a relatively young chocolate scene, so the local chocolatiers are free to experiment however they want," says Sander Wolf, founder of Dallas Chocolate.org, a website devoted to promoting

artisan chocolate in the city. "The chocolatiers have formed an interactive community, and it's really fun to watch (and eat) everything that's going on," says Sander, whose organization offers chocolate-sampling tours of the city and hosts an annual chocolate conference and festival in the fall. "When you come to Dallas for chocolate, you won't go home hungry!" Sander exclaims.

Along with traditional chocolates, this cocoa-crazed city has seen everything from truffles made with curry, blue cheese, bacon, and gummy bears to chocolates flirting with too-pretty-toeat status, like the handcrafted works of art coming out of CocoAndré Chocolatier in Oak Cliff.

Chocolate shops have opened all across the Metroplex, including Elegantly Chocolate in Carrollton (try the raspberry-and-dark-chocolate floret cups), Sublime Chocolate in Allen, and The Dark Chocolate Bakery, which operates a mail-order confectionary out of Dallas.

Chocolate Secrets

Love and chocolate go hand in hand for Kate Weiser, chocolatier and executive pastry chef at Chocolate Secrets, an upscale chocolate boutique in Dallas' Uptown area that entices customers with organic, brightly colored treats that resemble jewels. Not only did it take this Kansas City transplant nearly two years to perfect the process of hand-painting her bonbons, but she recently celebrated her second anniversary with her husband and unofficial taste tester.

"I like to say that my husband fell in love with me through chocolate," Kate



says with a laugh. Kate notes that her favorite Valentine's treats are the painted, Yes, these chocolate jewels from Chocolate Secrets are edible. And delicious.

heart-shaped bonbons and the candies made with sea salt and caramel, which feature salty caramel with a chocolate outer shell painted with colored cocoa butter. "Chocolate is really a celebration of life and a celebration of love," says Kate. "We've had a lot of love stories start

at our store; I've been part of five proposals!" Go to www.chocolatesecrets.net.

Dude, Sweet Chocolate

When it comes to funky flavor combinations, few can compete with Katherine Clapner, chef and co-owner of Dude, Sweet Chocolate. Her creative recipes can convert even the most devout chocolate purist into a daring chocoholic. "I just make what I like and try to turn people on to things they wouldn't normally find," says Katherine, who began selling

Succumbing to the Temptress

WHEN LAKEWOOD BREWING

Company in Garland debuted an Imperial Milk Stout called the Temptress to a crowd of beer aficionados at a local festival, no one was prepared for the crowd's intense reaction. Al-



is no actual chocolate in this creamy sweet beer, it's brewed with Madagascar bour bon vanilla

late flavor with a smooth, caramel fir ish that attracted admirers in droves

The beer is great in a glass, but pe haps the true testament to the Temp ress is what people are doing with it: Zio Carlo Magnolia Brew Pub in Fort Worth has created a Temptress choolate mousse, Goodfriend Beer Garden and Burger House in Lakewood serves a Temptress ice cream float, and The Common Table in Dallas makes a cherry Temptress milkshake with bourbon and espresso-spiked whipped cream.

—Kristy Alpen

her chocolates at farmers' markets before opening her storefront. "Just because it's a weird ingredient doesn't mean it tastes weird in the end. Everything is put in there for a reason."

Take her Albatross fudge, for instance. Although a few customers are still leery of its combination of dehydrated blue cheese and sea salt, this delicately crunchy fudge (named for a popular

Monty Python skit) is a top seller with its balance of creamy chocolate and pungent cheese. Katherine also offers an artisan sampler that includes flavors like Louisiana tobacco and cognac, beet and olive oil, and Peruvian purple corn.

After all, in chocolate as in love and romance, rules are made to be broken. Go to www.dudesweetchocolate.com.

-Kristy Alpert



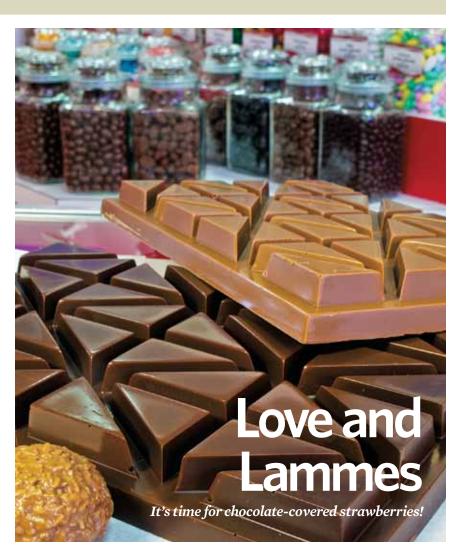
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Taste





AUSTIN'S 125-YEAR-OLD LAMMES CANDIES CRANKS OUT ABOUT

a quarter-million pounds of mouth-watering chocolates each year using ingredients such as peanuts, cashews, roasted almonds, caramel, orange peels, peppermints, and habanero peppers. But business really heats up in February, when chocolatelovers purchase nearly 20,000 pounds of plump, milkchocolate-covered strawberries in honor of Valentine's Day.

olate-covered strawberries in the late 1970s, but at first they weren't popular with customers, explains company President Pam Teich, whose great-great grandfather, William Wirt Lamme, founded the confectionary in 1878. Pam says that originally, her father, David

Lammes first started making choc- Lamme Teich, made the strawberries with liquid centers similar to what you'd find with chocolate-covered cherries, so

> "they were really messy." But the real obstacle was that people weren't familiar

Originally called Red Front Candy Factory, Lammes adopted its current name in 1885.

Make it

Customers purchase nearly 20,000 pounds of chocolate-covered strawberries every February in honor of Valentine's Day.

in downtown Austin. That changed

quickly, she says, and these days they're

with the combination of flavors, she says. a bestseller, along "The first time we offered samples with the popular

of chocolate-covered strawberries, we Longhorns, a mix of couldn't get anybody to try them," adds caramel and pecans employee Mildred Walston, who began enrobed in milk or working for the iconic candy-maker dark chocolate. 73 years ago when it had just one store

Lammes sells 100,000 pounds of Longhorns annually, says Pam, and customers have sent them to chocolate-lovers as

levard location in Aus-

tin draws chocolate-

lovers year round.

pedigreed as Queen Elizabeth and Katherine Hepburn. "And President Lyndon Johnson actually ordered Longhorns to be delivered to the White House," she says.

Another popular Lammes candy, the now-famous "Texas Chewie" pralines, were first made in 1892 using pecans from trees growing on the banks of Austin's Lady Bird Lake. The buttery, chewy pralines have long ranked #1 with customers, but prior to the 1920s they were available only by special request.

Lammes Candies today has five Austinarea locations and a vibrant online presence. But considering that William Wirt Lamme lost his confectionary in an 1885 poker game (only to have his son buy it back), we're lucky to savor Lammes Candies' sweets at all. "This part of our family lore was a secret for a long time," says Pam. "I would have liked to be a fly on the wall during that game."

Call Lammes Candies at 800/252-1885; www.lammes.com. -Mary O. Parker





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Taste

What's Cooking?

Creating community in the kitchen

SINCE I BEGAN TAKING COOKING CLASSES A FEW

years ago, I've learned how to finely dice an onion with a few strategic knife cuts, how to use a pillowcase as a makeshift salad spinner, and how Elizabethan chefs relied on fleetfooted canines called turnspit dogs to power their rotating barbecue spits. But these gems can't compare to the lesson bestowed upon students in one of Central Market's recent grilling classes in Austin, in which chef Adam Perry Lang tenderized a standing rib roast with a baseball bat. "Now you know why we call the front row 'the splash zone,'" says Cooking School Manager Meredith Beeman.

These days, she says, the popularity of "hands-on" classes has exploded, especially as cooking has become more popular among people in their 20s and 30s. "Students say they hope to invite friends and family to their homes and give them the gift of preparing a great meal," says Meredith.

Just as a home-cooked meal makes a great gift, so does

a cooking class, especially for Valentine's Day, an oft-pressurized holiday that at its heart, focuses on shared experiences. At a recent Lebanese-food cooking class in Austin hosted by

chef Anissa Helou, a table of strangers became friends over three hours of listening, laughing, and eating. By night's end, we were toasting to one couple's upcoming nuptials. Central Market's classes are posted at www.centralmarket.com.

A Lebanese mezze spread at Central Market's **Cooking School.**

—Lori Moffatt



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