



{ PARENTS + GEAR }

Folding Power

BUYING A STROLLER nowadays is almost like buying a new car — there are so many varieties and features, shopping for one can be overwhelming. But one feature your car (and your old stroller) doesn't have is the ability to collapse itself at the press of one magical button, like the new **ORIGAMI**, the world's first power-folding stroller. Which is why your decision should now be that much easier. But, if you're still on the fence, the sleek, robotic buggy is also souped up with daytime running lights to make you and baby more visible; an LCD "dashboard" that displays the temperature, your speed and how far you've strolled; and an optional cellphone charger. The rest of the specs rattle off like those of a



new car: sunroof; reclining seat; four-wheel suspension and luggage-style wheels that allow you to turn corners and maneuver tight spaces with ease; four cup holders for your Starbucks latte, baby bottle and other accoutrements; and a decent amount of storage. Not sure how much baby will dig it, but for the one doing all the pushing, this high-tech carriage is pretty ahead of the curve. The Origami may cause some sticker shock at \$850, but compared to some other luxury strollers out there, it's a pretty sweet deal. www.4moms.com/origami — LISA LUBIN

{ HEALTH }

WORK IT OFF

Beachside

Keeping that New Year's resolution to get fit doesn't have to mean depriving your body of a little rest and relaxation. This year, resolve to transform your physique and your vacation schedule with a unique workout at one of these **FANTASTIC BEACH RESORTS**.

1 **The BodyHoliday** resort in St. Lucia is best known for creatively customizing vacation packages, but it just added a fitness class that takes even its unique offerings to soaring new heights. The resort's new Tree House spin studio is perched in a floor-to-ceiling, glass-enclosed studio that gives cyclists breathtaking views while spinning in the clouds. *From \$450 per person, all-inclusive; www.thebodyholiday.com*

2 Combining relaxation and play is what the **Aruba Marriott Resort & Stellaris Casino** does best — which is why it's only fitting that this resort teamed up with SUP-yoga teacher Rachel Brathen to take guests off the mat

and into the ocean for yoga paddleboarding. Not as easy as it looks, this combination works out the core and the mind as the sun sets on the horizon. *From \$227, www.arubamarriott.com*

3 The **Viva Wyndham Dominican Palace** resort in the Dominican Republic offers guests luxurious amenities ranging from rejuvenating facials and massages to tasting-menu portions at its newly opened fusion-cuisine restaurant. But this resort's most unique offering is its free oceanfront trapeze lessons, where actual circus performers lead guests through an intense core workout. *From \$132, www.wyndham.com*

—KRISTY ALPERT

