

MEXICO



{ HOTEL }

A Mayan Retreat for the Soul

A stunning sanctuary of health and beauty, the **GRAND VELAS RIVIERA MAYA** in Mexico offers guests a refreshing place for starting anew as the ancient Mayan calendar comes to a close this year. With 491 luxurious suites divided among three different sections (the Zen Grand, the Ambassador and the Grand Class), this all-inclusive Caribbean-coast resort, a mere 45 minutes from Cancun, caters to business travelers, families and honeymooners alike.

While the Grand Velas boasts outstanding amenities, including private soaking pools, outdoor terraces, remote-controlled

window treatments and eight restaurants ranging from bistro-casual to gourmet-elegant — try the tasting menu at Cocina de Autor for an amazing molecular dining experience — the real star of the hotel is the Grand Velas Spa. Acclaimed as one of the premier spas in the world, it goes beyond massages and facials with its world-class Mayan treatments — such as the Cocoa Ritual and the brand-new Nik Te Ha Aquatic massage, an underwater massage that releases the mind and lets the spirit flow.

From \$299, www.rivieramaya.grandvelas.com

—KRISTY ALPERT



GENIUS IDEA

*You never forget how to ride a bike — but sometimes you forget how fast and how far you pedaled. Therein lies the beauty of the **WAHOO FITNESS BLUE SC**, a Bluetooth 4.0 bicycle sensor that transforms your iPhone into the ultimate cycling computer, allowing you to record all your workout data, from pace, cadence and location to calories burned. A built-in odometer also tracks lifetime mileage, displaying the information by week, month or year. \$60, www.wahoofitness.com — **JOSH SENS***



{ BEAUTY }

Face Time

Founder Janel Luu hit the beauty jackpot when she developed her multifunctional skin-care line, **LE MIEUX**, which sets itself apart by replacing the traditional water-based formulas used in most creams, serums and lotions (in Luu's opinion, diluted formulas) with a more potent blend of hyaluronic acid-based antiaging ingredients that include peptides aimed at improving skin at the cellular level. Whatever the science, we know a good thing when we see it. We especially love the spa-quality effects of the Bio Cell+ Mask

(\$30 for four packets). The hydrating gel cools and calms tired skin with freeze-dried marine collagen and antiaging peptides, and skin looks refreshed in a mere 20 minutes. Plus, the handy individual packaging of each mask makes it perfect for traveling — after all, who couldn't use a skin boost after a long flight? We also love the daily-use Rx Complex Serum (\$65), which smoothes and brightens skin, as well as minimizes fine lines and sunspots with a fast-absorbing form of vitamin C. www.lemieuxcosmetics.com — **RENEE BRINCKS**